

CREATING THE OPTIMAL LEARNING ENVIRONMENT

At Mind Over Learning we have designed a learning space free from auditory, visual and physical distraction with plenty of space to learn. Success in Video Instruction will increase if the learning space at home provides the same optimal environment.

Here are some tips for creating a learning space at home that facilitates a truly beneficial tutoring session:

Organization

- Binder for lessons and reading materials – print-outs ready for lesson
- Materials ready for lesson (see list of materials required on page 3)
- Letter Blocks or Math tactiles organized for ease of access and use
- All pens/pencils/markers in a container within reach

Optimal Learning Space

- Adjustable camera
- A space conducive to learning – generous desk space and chair for sitting up (optimally not a swivel chair, lounge-type chair or chair with wheels)
- Location that is quiet and interruption-free

Distraction-Free and Supervision

- A parent nearby for students who require support (see Parent Support Guide)
- No other people in the room
- No other distractions (people, noise, space)
- Do not have other apps open on the computer

Other Considerations

- Good internet connectivity
- Distance from camera – student should not be too far or too close
- Before the first session: Prepare your child for Video Instruction by clearly defining expectations around learning readiness:
 - Be seated in the chair and ready to learn at the beginning of the session
 - Keep distracting items out of reach (toys, phones, electronic devices)
 - Stay at the computer and in the room unless permission is given to leave
 - Doorbells, ringing phones, pet noises and other potential distractions will be dealt with by other family members

If you have any questions about implementing any of these suggestions, please do not hesitate to contact your Program Coordinator.